

Chirothots

By Kevin Donka, D.C.

What Happens To Kids Who Never Get Adjusted?

A few years back, I was adjusting a family who had been under care for several years. This family consisted of a dad, mom and three kids. Prior to receiving care, all three kids had been dealing with recurrent ear infections and bad behavior. The oldest, Angelina, had also been labeled as “developmentally delayed” because she had “learning disabilities.”

As I worked on the kids this day, Suzie, their Mom, was marveling at how their lives had changed with chiropractic care. There had been no ear infections, in fact, there had not even been any colds for more than a year now. Angelina, now in third grade, was not only free of her “disability, she was one of the top students in her class!

As Suzie testified about these miraculous changes, she asked me a question I had never been asked before. She asked, “Dr. Donka, what happens to kids who never get adjusted?”

I answered her in the following way. “Well, some kids have a lifetime of recurrent illnesses, much like you and your kids were experiencing prior to coming in for care. But most of them...they are just *average kids*. She looked at me with wonder on her face as I said this and followed up with another question, “I don’t understand. Are you saying that most kids don’t need chiropractic care?”

“NO!” I replied, “Not at all! Here is what I mean by that. There is nothing wrong with a child being average...*if that is her potential!* But, what if that’s NOT her potential? What if she was meant to be something much more than average? Even if she is meant to be average, she will not even reach that level if her brain and body can’t communicate effectively with each other.”

“The only way for your children to reach their potential in life is to have nervous systems that are free from interference so that they can adapt to all of the physical, chemical and mental stresses they encounter each day. **That way, their energy can be used to access higher levels of creative thought instead of just trying to *get through the day*. In other words, they have the best possible chance of reaching their potential!”**

She looked at me and began to get tears in her eyes as she realized just how important their chiropractic care had been, especially to Angelina.

Too often, we back down from telling parents the importance of having the whole family adjusted, especially when the kids are asymptomatic. We cannot make this mistake! Everyone needs to be adjusted, EVERYONE! It is the only way for society as a whole to grow and move forward into the next phase of our evolution.

Tell your people the truth, the whole truth and nothing but the truth. Tell them about the miracle of perfection that exists in each of us, and adjust them so that the awesome power that made us can express maximally in the world! That way, even when people are “average,” it will be a totally different experience than what being average is today.

Courtesy of Maimonides Chiropractic (703)383-1630